



15-Minute Daily Motivational Call

Tuesday, February 9

Today is going to be a GREAT day!

1. Act as if
2. Habits – Positive, negative, and neutral – Ask your brain what is one negative habit that I have that I can change to a neutral or positive habit – For example self talk: you can go from negative self talk to nothing or to positive self talk. If you went from 25 negative statements per day to 5 you would reduce your negative statements by 7,000 in a year or 70,000 over 10 years. Pay close attention to moves that you can make that have a long-term impact like this.
3. Structure – VCR versus DVR – Ask yourself what structures can I change in my business? This call went from a conference call to Facebook Live to Zoom and we are about to go to YouTube.

You can find everything regarding this call at
www.dailymotivationalcall.com

Bonus video – Repurposing - <https://youtu.be/R4GM37r1Nq4>

Continuous Sales Improvement Master Class Thursdays at 5 pm pacific. To register go to <https://continuoussalesimprovement.com/home> and select Master Class

Continuous Sales Improvement Virtual Networking is on Thursday, February 18 from 8-9 am pacific. To register go to <https://continuoussalesimprovement.com/home> and select Elite Networking